

SEPTEMBER 4, 2025 | CORALVILLE, IA



Sept 4, 11am, Oakdale 123



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Prediction Power: Leading Indicators to Combat Strains, Heat, and Forklift Risk Using Wearables Oakdale 123

What if your safety program could predict and prevent the most common injuries before they occur? This breakout session presents a forward-thinking but grounded approach to preventing MSDs, heat illness, and forklift incidents through wearable technology. By tracking motion, environmental conditions, and worker exposure data—without collecting PII—organizations are gaining insight into hidden risks. We'll share how leading companies are turning this data into action, reducing claims, and shaping safer, smarter workplaces with tech that's as practical as it is powerful.

- Understand how to operationalize leading indicators using real-time data from wearable technology to identify and address the root causes of musculoskeletal injuries, heat stress, and forklift-pedestrian interactions.
- Learn practical strategies and case-based examples of how safety teams are using motion, environmental, and exposure data—without tracking individuals—to drive timely interventions and reduce costly claims.



# What if ...?



What if you could reduce incident frequency by 50% and cut claims severity by 90%, delivering the best workers' comp year in over a decade?

What if you could identify hidden heat risks in real time - personalized to each worker - and prevent heat-related illness before symptoms ever appear?

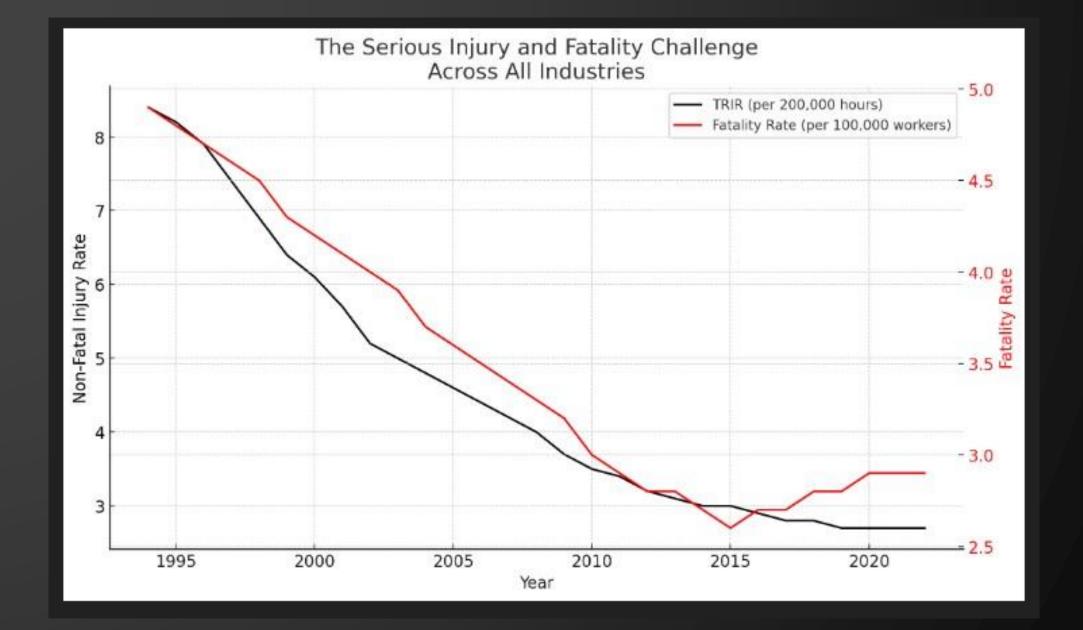
What if your safety program could see early signs of strain, exertion, high force, and repetition - and eliminate MSD injuries entirely for three years straight - while also uncovering measurable productivity gains?

What if you could drive your TRIR all the way to zero, and sustain that milestone for years across complex operations?

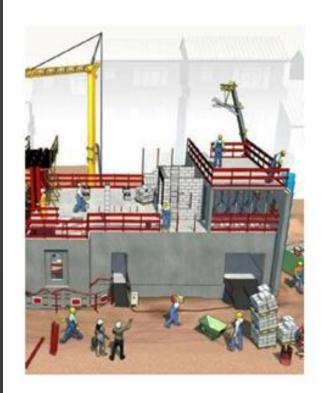
What if you could transform frontline engagement, increasing near-miss and good-catch reporting tenfold - giving leaders a true predictive view of risk?

What if you could cut forklift-pedestrian interactions by 86% in just six months, all while maintaining throughput and efficiency on the floor?

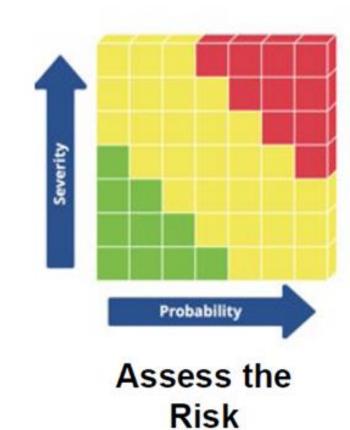








Identify Hazards









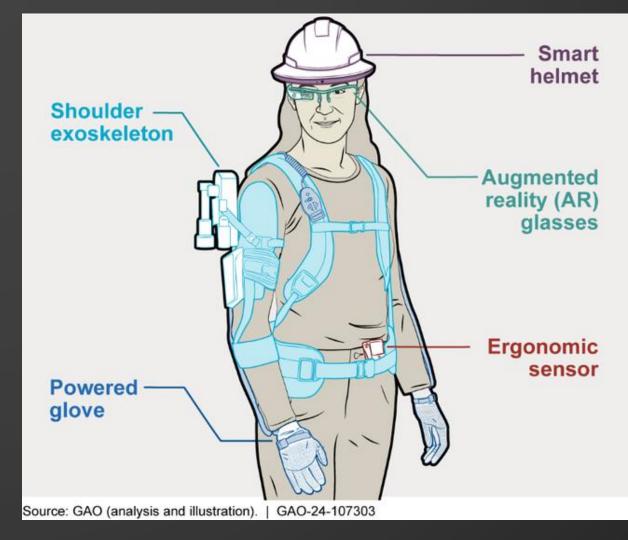
People, Culture, Engagement, Mindset Learning, Humble Curiosity, Positive Recognition



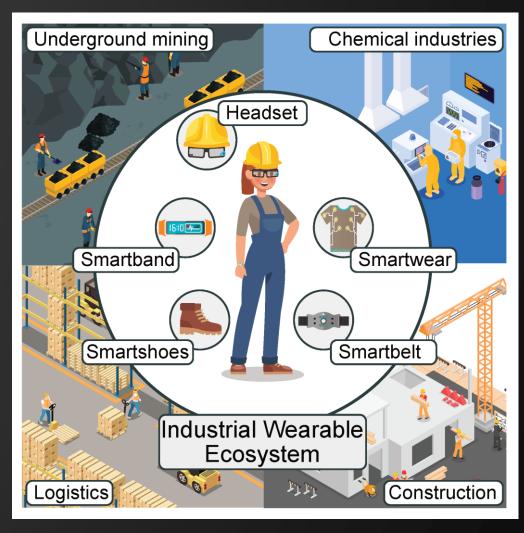
# New Thinking, Tools, and Approaches to Safety Management

It's time to evolve.









https://www.mdpi.com/1424-8220/21/11/3844



# Safety and Wearable Technology: Impact, Applications, and Implementation in Industry

By Gabriel Glynn, Mark Frederick, Tom West Copyright 2025, 1st Edition CRC Press

"Technology is available <u>today</u> that automates hazard identification and risk assessment, and provide insights and focus based on EHS leading indicators...

However, the most advanced technology is meaningless without the leadership, culture, and systems in place to support it. Innovation in safety starts—and succeeds—with people."

— Tom West





**Wearable Safety Tech:** 

More Effective & Efficient Data-Driven Management

**Enabling Safety Management** 2.0 & HOP

Providing Meaningful EHS Leading Indicators

Reducing Incidents & Claims

Human-Centric to Improve Safety Culture!





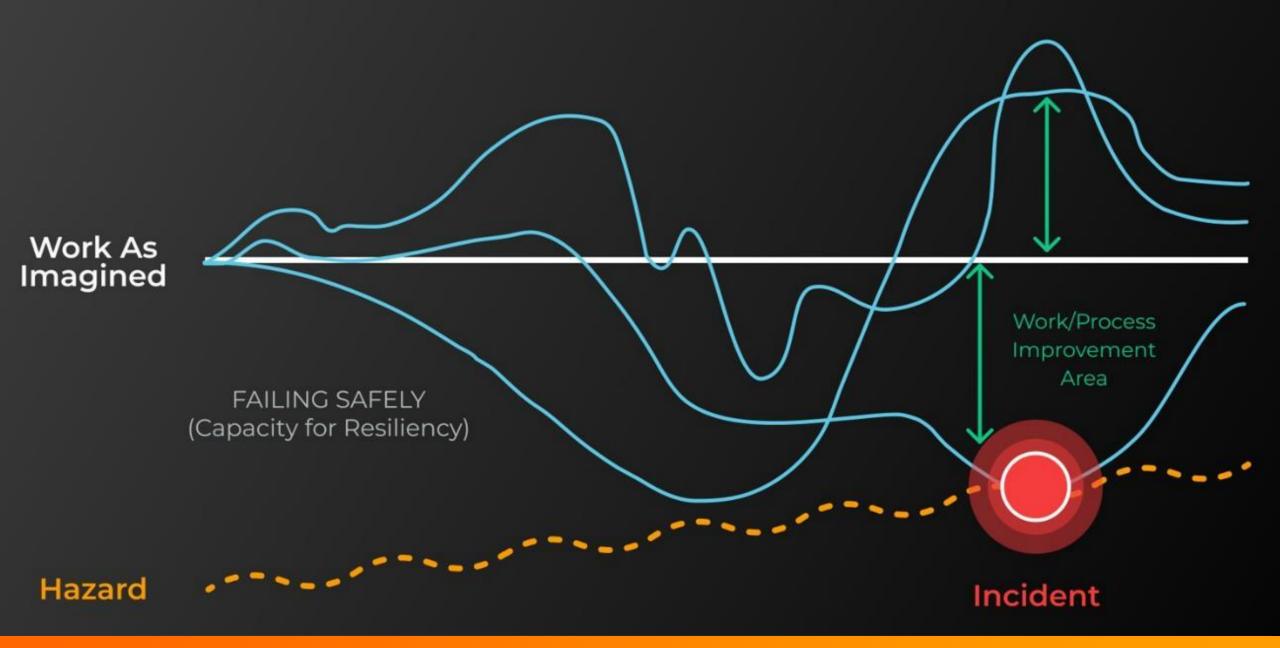
Human and organizational performance (HOP) is a risk focused OPERATING PHILOSOPHY which recognizes that to ERROR is human and that an organization's PROCESSES AND SYSTEMS greatly influence employee actions and choices, and consequently, their likelihood of success.



# Key Principles of HOP:

- People are fallible, and even the best make mistakes
- 2. Workers are masters at adaptive problem solving
- 3. Context drives worker actions and behaviors
- 4. Leadership's response to failure matters
- 5. Blame Fixes Nothing
- 6. Improvement happens through learning







Safety? The absence of errors in outcomes, or presence of capacity and resilience in systems to ensure things go well?

Investigations? Only failures, or normal work?

Focus? Containing sources of energy, or engagement participation and learning?

People? The problem to be fixed, or masters adaptive problem solving and therefore the solution to be harnessed?

SHMS? Compliance and bureaucratic accountability upward, or ethical responsibility downward?

What's happening when nothing bad is happening?

Change the work, not the people.

























The Ally<sup>TM</sup> gathers & transmits data in real-time to the MākuSmart Cloud

## **Motion Detection**

Slips, Trips, and Falls

Repetitive Motions

Worker Physicality

**Forceful Exertion** 

## Battery

22 Hour Battery

**Multiple Shifts** 





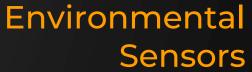
# **Spatial Awareness**

Location Identification



Access Control & Factory 4.0

Scout Forklift Safety ™



Ambient Light

Air Quality (TVOC & CO2)

Noise / Sound Dosage

Air Pressure

Humidity

Temperature











### MākuSafe <u>Does Not</u>:

- Collect anything personal (No PII)
- Monitor any biometrics
- Deliver any negative feedback to the worker; haptic, visual, or auditory
- Assume the worker is the problem, or knows what to do to correct it
- Continuously track the individual





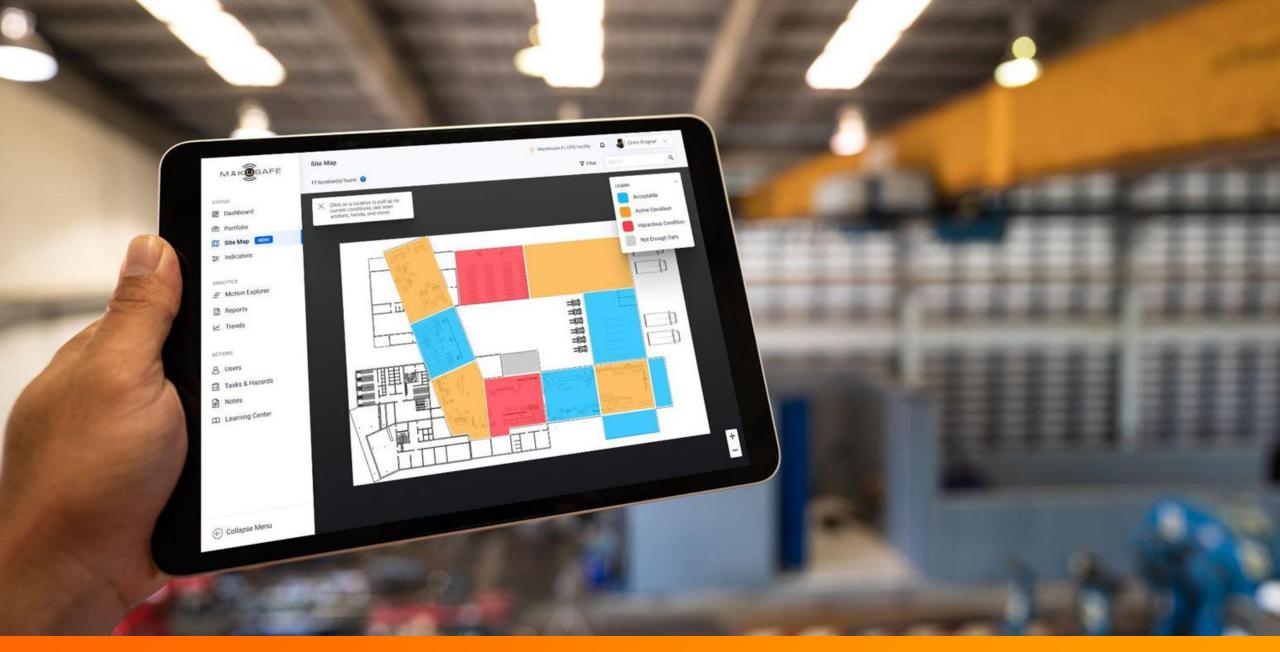


Support for Multiple Devices











- Lowest Workers' Comp Claims in 12 Years: FleetPride had its best safety year in over a decade, with one distribution center logging 365+ days without a single incident, including no strain or exertion injuries.
- Enterprise-Wide Rollout in Under 6 Months: Rapid pilot success led to full deployment across six distribution centers and over
   300 employees, making MākuSafe part of standard PPE.
- Real-Time Data Drove Facility Improvements: Environmental data led to airflow, lighting, and air quality enhancements, directly improving working conditions and reducing exposure to heat and volatile compounds.
- 350+ Frontline Hazard Reports via MyVoice™: Worker engagement in safety communication skyrocketed, tripling the number of actionable tasks resolved in just 60 days.
- Leadership Engagement Boosted ROI: A direct correlation was observed between MākuSafe engagement scores and yearover-year reductions in claims, reinforcing the value of a datadriven, culturally aligned approach.



## Case Study



# Effective Use of Wearable Technology in Heavy Parts Distribution

#### What's the Risk?

Employees at FleetPride, the nation's largest distributor of heavy-duty truck and trailer parts, faced several safety challenges within their distribution division, including risks of strains, exertion injuries, and heat-related illnesses. Due to the size and irregular dimensions of a vast majority of inventory, employees at FleetPride's distribution centers frequently perform manual material handling (MMH) of heavy-duty truck and trailer parts. This reliance on MMH greatly increases the propensity for musculoskeletal disorders (MSDs), making it a top focus for risk mitigation. As such, FleetPride was eager to better understand the risks and mitigate them through the implementation of new technology, data analysis, and response strategies for its distribution centers.

#### Implementation of Wearable Sensor Technology

FleetPride began an initial pilot study with MākuSafe wearable sensors on January 4, 2024, seeking to enhance workplace safety, reduce workers' compensation costs, and gain greater visibility into risks across multiple locations. The pilot program launched the rollout of wearable sensors at one distribution center with just under 100 employees. Wearables were distributed, teams were trained on their use by MākuSafe personnel, and shortly after, FleetPride leadership and safety teams were able to analyze the



e to analyze the 60 days, and then curred at 30-day 's Senior senior operations fe who were ation, help orient w to use the integration.

It is safety data and, supply chain, uipment for oyees now wear ip, safety culture, loption. The ind conduct

#### Return on Investment

2024 marked FleetPride's best workers' compensation year in over a decade, with the lowest number of claims in 12 years across its supply chain group. One site recorded over 365 days with zero incidents, including no strain or exertion injuries, which were previously a major concern. FleetPride attained such outcomes by engaging in proactive risk reduction through motion data by identifying hazardous movements, such as bending and twisting, and adjusting work processes before injuries occurred



- Client Case Study
- Long standing construction client
- Deploying across numerous large data center projects
- Multi employer job sites
- ESG & Safety management program reporting to customer helps win projects
- Achieved and maintained 0.0% TRIR on sites where MākuSafe is being used
- 31 months

# YOUR VIRTUAL SAFETY TEAM: MAKUSAFE + DATA CENTERS

LEADING WITH SAFETY IN MISSION CRITICAL

The Weitz Company has always put safety at the forefront of our projects. With Mission Critical and data centers becoming a bigger focus of our efforts, MakuSafe was an great way to implement new technology and help protect workers. MakuSafe is a data analytics company located in West Des Moines, lowa. They specialize in equipping workers with wearable safety devices that record data to help safety managers predict and correct potential hazardous issues on the job site.

MakuSafe prides themselves as an award-winning safety, data & analytics solution aimed at improving worker health, safety, and productivity while reducing incidents and mitigating workplace hazards and risk exposures. This innovative wearable technology provides immediate access to real-time EHS data with predictive value.

#### THE BENEFITS OF PREVENTATIVE TECHNOLOGY

The vast majority of near misses on the job site do not get reported. These small indicators can be huge signs of a potential hazard to come. When you can approach your job site from a proactive stance, you can begin to see a



WEITZ CASI STUDY RASSI ZENDR
Project Esecutive
Missum Critical
LESD MP
kassic seronije we itz com
GREG MARTIN
Vice President E.
General Manager
Missian Critical
ISCO AD.

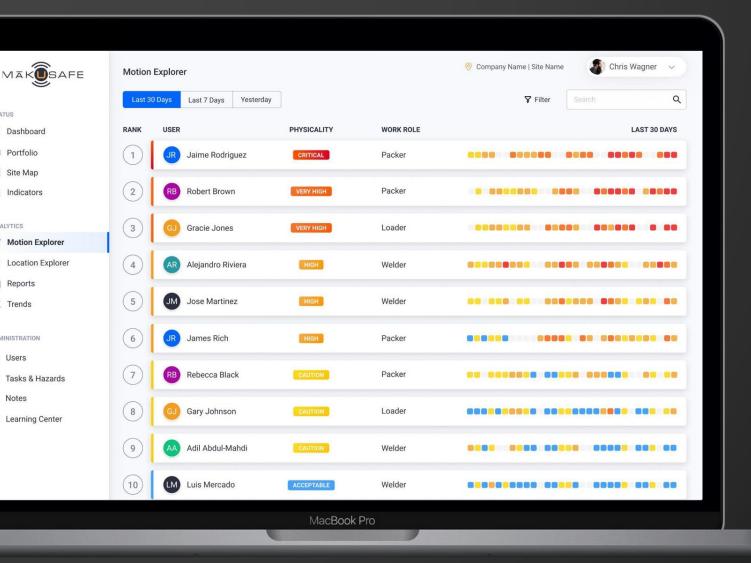
CONTRIBUTORS

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O.O
TRIR in the last 31+
months for Mission
Critical







Visualize worker's expended effort and potential impact on them for the day







- High-volume warehousing and distribution
- 86% Wear Time Adoption Rate: High engagement
- Zero Back & Shoulder Injuries: Strain and exertion injuries were eliminated at sites using MākuSafe, for the first time even during peak business periods.
- 22 Documented Near-Misses in First 6 Months:
   Early worker engagement through MyVoice led to proactive hazard mitigation and a culture shift toward prevention.



# Case Study: Revolutionizing Safety and Productivity in Warehousing and Distribution

#### Client Profile

A high-volume warehousing and distribution business in the food and beverage industry, covering most of the western U.S. This company employs thousands across multiple sites and includes a large workforce of route drivers.

#### The Challenge

Managing safety risks across a vast territory and workforce posed significant challenges. Strain and exertion injuries were a recurring issue, along with concerns about worker productivity and high operational costs. Leadership needed actionable data to reduce injuries, improve safety culture, and enhance operational efficiency

#### The Solution

The company adopted MākuSafe's connected worker wearable physicality data, environmental hazards, and worker safety trent U.S. with 40 workers over 90 days, the program rapidly scaled a deployed at eight sites, with plans to cover all facilities company

#### The Results

Zero Strain & Exertion Injuries

Sites have reduced strain and exertion injuries in the wo

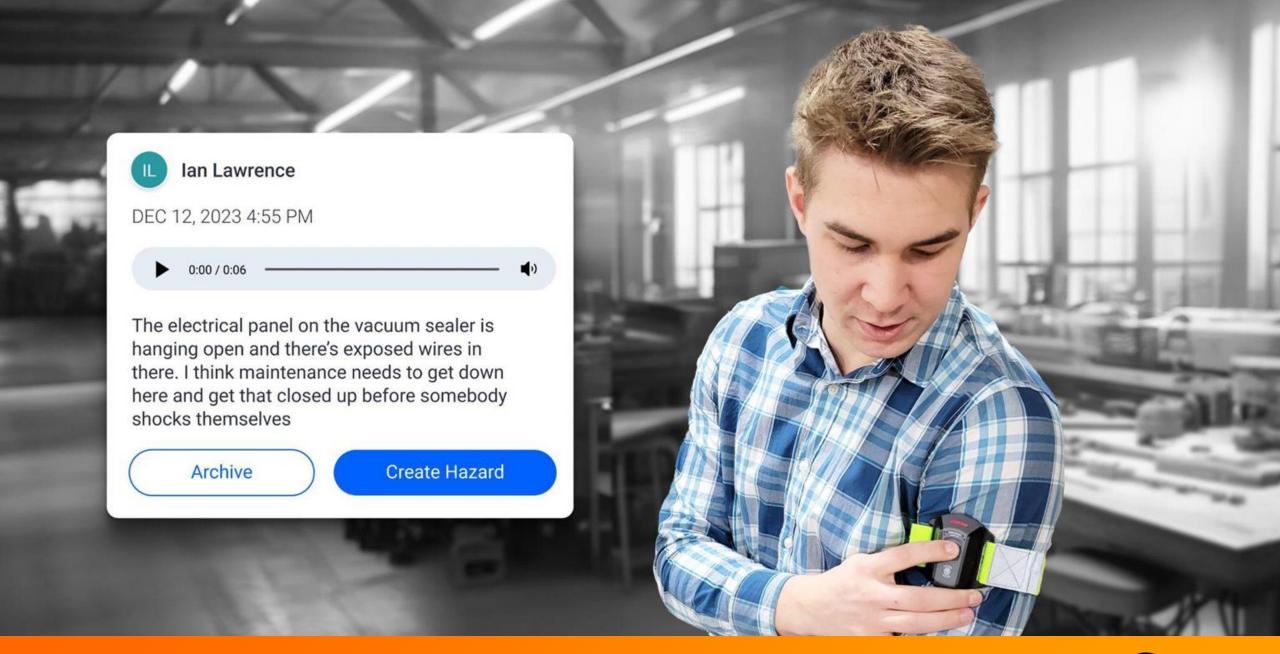




- Client Case Study done through their insurer
- Trucking & transportation
- Reduced strain & exertion injuries by 56% in year one.
- They realized \$450,000 in WC savings per site









- Client Case Study done with NSC
- Nationwide Logistics Organization
- Reduced lost time injuries by 74% in year one
- Continuous stream of feedback from the front lines
- Positive cultural impact documented

#### WORKtoZERO

### Safety Technology Case Study

#### **Data Analytics and Wearables**

According to the National Safety Council, musculoskeletal disorders (MSDs) are the most common workplace injury, affecting nearly one quarter of the global population. They often result from workplace tasks that involve actions like repetitive movements, awloward or static postures, and forceful exertions. Examples of MSDs include:

- Strains and Sprains
- Muscle Rapture
- Tendanitis
- Carpal Tunnel Syndrome
- · Hernlaned Discs.
- Hernia

To reduce injuries and better understand the leading indicators of MSDs, NFI Industries began piloting the MäkuSafir system, which combines wearable technology with data analytics to deduce the intensity of a worker's effort expended, arrive at conclusions about the level of potential impact on them for each day, and provide other data-driven insights (e.g. movement type, incident time, and location).



NFI is currently piloting 120 M4kuSate wearables across three locations, primarily focused on workers performing material-handling tasks (e.g. loading and unloading).

Data insights provided by MäkuSafe, combined with customized lifting training and behavior-based safety tactics, have allowed safety leaders to successfully offer support and coaching to at risk employees. In fact, quarterly injury results found a 74% reduction in injuries at the pilot sites.



ow that safety is in the top quartile in terms of workers' willingness to utilize the units.

of the MäkuSofe system, they provided several opting technology:

sed safety process allowed NFI to improve the d safety organization wide ast with employees. Explain the goals of the

date will be used, etc. formal feedback from employees and managers

ent for issues around configuration, security, and

nechanisms, and shortcomings of the technology,

#### Employer



Based in Comden, New Jersey. NFI is a third-party logistics provider that offers domestic and international supply chain splutions. NFI employees an estimated 16,800 associates ristionwide.

#### Technology



Based in Des Moines, lows, MilkuSafe is a Safety, Date & Analytics solution. The MükuGafe system combines a safety management og flygre platform with wearship technology, providing real-time EHC data with predictive value.











- 60% Reduction in Workers' Comp Costs: From 2021 to 2023, while improving safety performance and reducing lost time.
- Recordable Injuries Cut in Half: The number of OSHA recordables dropped highlighting the effectiveness of using motion and ergonomic data to drive targeted interventions.
- 335 "Good Catches" Reported, 82% Resolved: Workers leverage MyVoice™ to report hazards in real time—up from just a few annually—transforming hazard awareness and resolution tracking.
- Ergonomic Improvements Across the Facility: Motion data led to the adoption of lift carts, work tables, and ergonomic tools, significantly reducing awkward postures and physical strain risks.
- Company-Wide Cultural Shift Toward Safety: wearables are now used across all departments, with daily reviews and collaborative data interpretation driving continuous safety improvements.



## Effective Use of Wearable Technology for Manual Material Handing

#### What's the Risk?

the data.

Manual material handling is a well-documented risk for musculoskeletal disorders (MSDs). Overexertion, often resulting from manual material handling, ranks as the top cause of the most serious workplace injuries (those causing an employee to miss more than five days of work), many of which are MSDs. These injuries also cost U.S. employers nearly \$12.5 billion annually in direct costs of medical and lost-wage payments.

Employees at Life Line Emergency Vehicles often complete work through a manual process that includes manual material handling, such as pushing, pulling, and carrying, as well as using a variety of hand tools such as sanders, drills, or other devices that can create repetitive movement and gripping-related risks. Many of the tasks required of employees involve risk of MSDs and subsequent soft-tissue injuries.

#### Implementation of Wearable Sensor Technology

Life Line Emergency Vehicles recognized that due to the risks their employees faced from manual material handling to complete their jobs, MSD prevention was paramount to keeping their workers safe. To address such risks, Life Line Emergency Vehicles sought a data-driven approach to assess risks and make plans for mitigation. After being introduced to wearable sensors by their workers' compensation insurance company as a means to lessen MSD risk, Life Line Emergency Vehicles decided to engage in a pilot of the technology with MākuSafe. At the onset of implementation in January 2021, MākuSafe held meetings with employees who would be donning the wearable sensors. During these meetings, the technology and its capabilities were explained, and employees were reassured that the sensors w or productivity. However, some employees still had concerns

To circumvent concerns, Life Line Emergency Vehicles educa sensor-collected data and its uses to implement positive saft eliminate/modify risky job tasks). The MākuSafe wearable st indicators of high force, acceleration, pushing and pulling, an physicality compared to peers in the same work role. Employ aided in gaining employees' trust about the technology. Māku throughout the implementation process if questions arose.

The implementation at Life Line Emergency Vehicles started 2022, and now has 160 wearables being utilized across the e wearable sensors are utilized by employees within productior cabinetry, fabrication, paint assembly, welding, and engineeri





- Personalized Heat Index Monitoring: MākuSafe wearables continuously tracked temperature and humidity, calculating a personalized heat index for each worker. This enabled real-time alerts to supervisors and led to measurable reductions in both the number and severity of heat stress alerts.
- Targeted Heat Risk Mitigation: Data identified high-risk jobs and areas, prompting interventions such as cooling rags, extra breaks, added fans, and hydration schedules. These proactive accommodations directly reduced worker exposure and improved heat safety outcomes.
- Reduction in Recordable Incidents: Within 6–7 months, Fratco reported drastic reductions in incident rates and DART cases, including those tied to heat stress, falls, slips, and trips, showing both broad safety gains and specific success in mitigating heat-related risks.
- Reduced Work Comp: by 60% in two years.
- Scalable Results Across Facilities: Beginning with 20–25 wearables at one site, Fratco validated strong results before expanding adoption to additional facilities, demonstrating replicable ROI and heat safety improvements at scale.



#### DATA ANALYTICS AND WEARABLES FOR HEAT STRESS MITIGATION

#### What's the Risk?

At Fratco, extruders are used to melt and shape clay, plastics and other materials during the manufacturing process. These machines are extremely hot (400-500°F), contributing to the ambient heat inside the facilities. Furthermore, during the summers, outside air temperatures often reach daytime highs of 90°F, offering workers little reprieve from the extreme heat. In general, occupational heat stress is associated with negative health, safety and productivity outcomes. For example, excessive heat exposure has been linked to a number of illnesses and injuries, including:

- Heat cramps
- Heat rash
- Heat exhaustion
- Heat stroke
- Death (NIOSH, 2020)1

After opening a new plant in lowa, Fratco observed an influx of frequent injury reports and sought an innovative way to identify and manage their risks. Supported by a financial grant, the company began piloting the MäkuSafe system, which combines wearable technology with data analytics to provide real-time and predictive EHS data, including:

- . Environmental conditions (e.g., heat, humidity, light, noise)
- Any hazardous motions experienced by, or performed by, a w
- The location of the worker at the time of an event
- Voice memos from workers about the conditions they are exp

<sup>&</sup>lt;sup>1</sup> National Institute for Occupational Safety and Health. (2022b). Heat related illness of Health and Human Services. https://www.cdc.gov/niosh/topics/heatstress/heatr







# Shifting Safety Culture

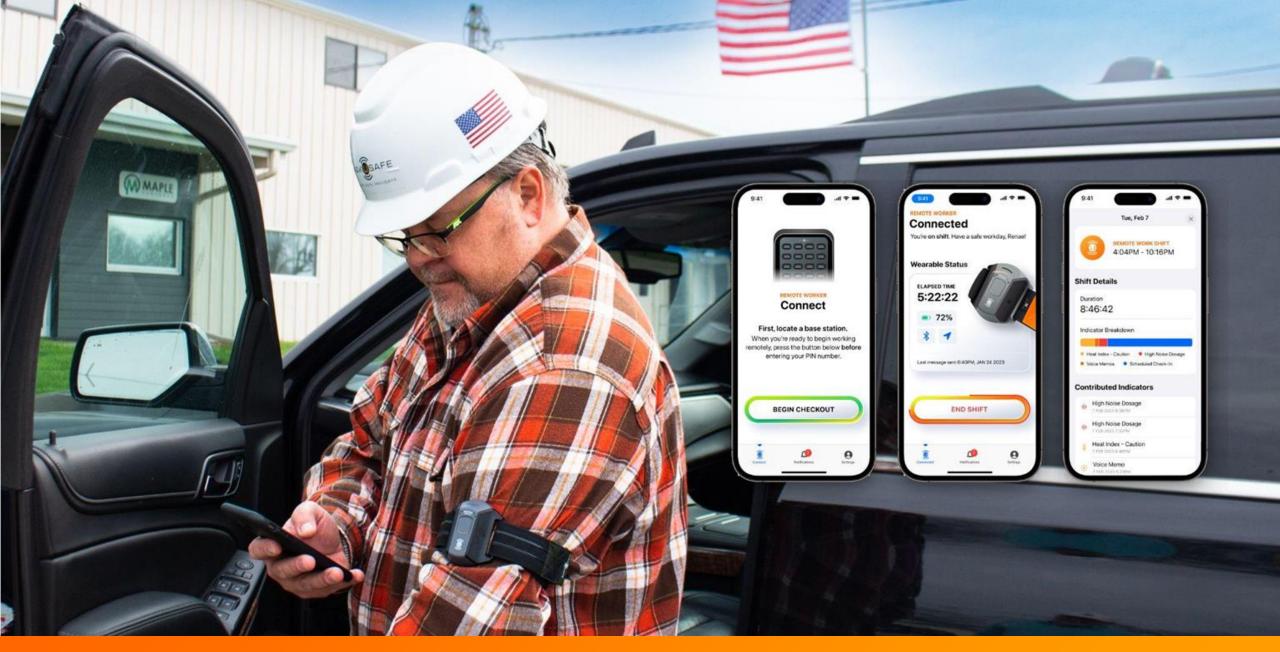
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# Shifting Safety Culture



Stronger Cultures + Safety Mindfulness + Worker Engagement =

14X Safer Workplaces with 70% Incident Reduction Higher Quality & Higher Productivity









"MākuSafe has delivered a very practical, easy, and useful solution in Scout.

It has helped us <u>reduce forklift-pedestrian interactions by 86%</u> within six months, <u>without sacrificing productivity</u> of drivers or workers on foot.

We have been able to use actionable insights delivered by Scout to re-engineer work processes and eliminate risk!"

Regional Logistics EHS Manager

\* Labor Savings Alone: Average productivity gains of 6% resulted in over \$700,000 in annual labor savings per site, delivering significant return on investment





How many people do you see??





















### Is Wearable Safety Technology Right for Your Organization?

- ·Begin with why? What challenges are you trying to address, how will we measure.
- •Cross-Functional Value: Look for tools that provide benefits across safety, operations, HR, and risk maximizing internal stakeholder buyin.
- •Worker-Centric Design: Choose solutions designed for comfort, minimal disruption to workflow, and engagement rather than surveillance.
- •Protects Worker Privacy: Leading solutions collect no PII or GPS, focusing on *conditions*, not individuals, to build trust and support adoption.
- •Economical with High ROI Potential: Wearables help reduce injuries, claims, and downtime unlocking real cost savings and productivity gains.
- •Actionable, Understandable Data: Real-time insights from wearables are clear, easy to interpret, and immediately useful for proactive safety management. Platforms should be intuitive for supervisors to interpret and act upon, even without deep technical expertise.
- •Culture-First Deployment: Wearables are only effective if worn leaders must communicate why they matter and inspire frontline participation.
- •Supports a Learning & Reporting Culture: Empowers workers to notice, report, and prevent hazards enhancing awareness, mindfulness, and safety ownership.
- •Integration Capabilities: Existing safety systems and analytics platforms (e.g., SHMS, EHS dashboards).
- •Practical & Scalable: The right wearables can be compact, non-intrusive, and easy to pilot scaling across teams and locations as results emerge.



The Ally<sup>TM</sup> gathers & transmits data in real-time to the MākuSmart Cloud

## **Motion Detection**



Slips, Trips, and Falls



Repetitive Motions



Worker Physicality



Forceful Exertion

## **Battery**



22 Hour Battery



**Multiple Shifts** 





akuSmart O

## Spatial Awareness

Location Identification



Worker-to-worker Proximity



Access Control & Factory 4.0



Scout Forklift Safety ™

## Environmental Sensors

Ambient Light



Air Quality (TVOC & CO2)



Noise / Sound Dosage



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Temperature





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OVERVIEW FLYER



PRODUCT SUMMARY



MANUFACTURING USE CASES

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